

2026 MBMS Cross Country

September

Monday	Tuesday	Wednesday	Thursday	Friday
	1	2 Practice 12:10-1:30	3 Practice 2:10-3:30	4 Practice 2:10-3:30
7 No School	8 Practice 2:10-3:30	9 Practice 12:10-1:30	10 Practice 2:10-3:30	11 Practice 2:10-3:30
14 Practice 2:10-3:30	15 Practice 2:10-3:30	16 No Practice	17 Home Meet @ Skagit Valley College	18 Practice 2:10-3:30
21 Practice 2:10-3:30	22 Practice 2:10-3:30	23 No Practice	24 Home Meet @ Skagit Valley College	25 No Practice
28 Practice 2:10-3:30	29 Practice 2:10-3:30	30 No Practice	10/1 Meet @ Stanwood High School	2 Practice 2:10-3:30

October

Monday	Tuesday	Wednesday	Thursday	Friday
5 Practice 2:10-3:30	6 Practice 2:10-3:30	7 No school for students No Practice	8 Meet @ Northern State Recreation Area	9
12	13	14	15	16

Meet Locations and Race Times

9/17

Skagit Valley College (No return bus to Mount Baker after meet, parents need to pick them up at the end of the meet)

9/24

Skagit Valley College (No return bus to Mount Baker after meet, parents need to pick them up at the end of the meet)

10/1

Stanwood High School

7400 272nd St NW, Stanwood, WA 98292

10/8

Northern State Recreation Area

25625 Helmick Rd, Sedro-Woolley, WA 98284

Meet Race Times

(Remember the race times below are approximate and parents should plan on being at the locations at least a half hour before the scheduled meet times.)

6th/7th grade girls begin running around 3:30pm and 6th/7th grade boys begin around 3:50pm. The 8th grade girls run at approximately 4:10pm and the 8th grade boys are at 4:30pm.